

Boys & Girls Club

September 2019 Snack Menu

Monday	Tuesday	Wednesday	Thursday	Friday
CLUB CLOSED 2	Sun Chips Mixed Fruit Cups 3	String Cheese Turkey Snack Stick 4	Cheddar Cheese Individually Wrapped with Whole Grain Cheez- It's Crackers 5	Fresh Orange Slices individually wrapped Whole Grain Goldfish Crackers 6
String Cheese Whole Grain Goldfish Crackers 9	Strawberry Yogurt Chex Mix Skim Milk 10	Apple Slices Cheddar Cheese Individually Wrapped 11	Turkey Snack Stick Cheez – It's 12	Fresh Orange Slices individually wrapped Sun Chips 13
Whole Grain Dinosaur Crackers Grapes 16	Whole Grain Goldfish Crackers Cheddar Cheese Slices Individually Wrapped 17	Apple Slices Whole Grain Strawberry Graham Crackers 18	String Cheese Strawberries 19	Fresh Oranges individually wrapped Skim Milk 20
Sun Chips String Cheese 23	Whole Grain Goldfish Crackers Apple Slices 24	Bananas Skim Milk 25	Turkey Snack Stick Cheddar Cheese individually wrapped 26	Fresh Oranges individually wrapped Whole Grain Crackers 27
Strawberry Yogurt Chex Mix Apple Slices 30				All meals are served with whole grain products Water will be served when milk is not listed