

Boys & Girls Club – Berlin Site

September 2020 Breakfast Menu Late Start

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2	3	4
7	8	9 Cereal Bars (Nutrigrain Bars) Skim Milk	10	11
14	15	16 Cereal (Life, Rice Krispies or Chex) Skim Milk	17	18
21	22	23 Yogurt with granola With mixed fruit	24	25
28	29	30 Whole Grain Apple Cinnamon Muffin Skim Milk		