

Boys & Girls Club of the Tri-County Area - Berlin Site

April 2021 Dinner/Snack Menu

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
			Chicken Caesar Wrap with lettuce, parmesan cheese, and Caesar dressing Corn Peaches 1% Milk SNACK: Grape Juice & Oatmeal Chocolate Chip Cookies	Hot Dogs on Whole Grain Bun Green beans Mixed Fruit 1% Milk SNACK: GF Pretzels & Yogurt
5	6	LATE START 7	8	9
Egg, Sausage WG English Muffin Hash browns Peaches 1% Milk SNACK: Cheez It's & Berry juice	Turkey Corn Dogs Tater Tots Pineapple 1% Milk SNACK: Turkey & Cheese Stick (GF)	BLT on whole grain bread with cheddar cheese & mayo packet Celery with ranch Oranges 1% Milk SNACK: Granola Bars & Pita Chips	Alfredo with grilled chicken & WG noodles Green Beans Applesauce 1% Milk SNACK: Goldfish Crackers & Apple Slices	Sun Dried Tomato Basil Wrap with Egg Salad Fresh Carrots with Ranch Cup Blueberries 1% Milk SNACK: Apple Juice & Popcorn
12	13	LATE START 14	15	16
WG Chicken Tenders with various dipping sauces Peas Bananas 1% Milk SNACK: Chex Mix & Fruit Punch Juice	Cheese Pizza Green beans Pineapple 1% Milk SNACK: Cheddar Cheese & Cheez It's	Tacos WG Tortilla Shells, Cheese, Sour Cream & Salsa Fresh Carrots Mandarin Oranges 1% Milk SNACK: WG Gardeto's & Bananas	WG French Toast Sticks with syrup Apple Sauce Sausage Hash browns 1% Milk SNACK: WG Strawberry Yogurt Chex & Apple Juice	BBQ with Ground Turkey on WG Bun w/cheese Fresh Carrots Pickles Mandarin Oranges SNACK: Chips & Salsa
19	20	LATE START 21	22	23
Hamburgers on Whole Grain Buns Cheese Slices Fresh Carrots Mandarin Oranges 1% Milk SNACK: Goldfish Crackers & Apple Slices	Chicken Nuggets with various sauces Applesauce Tater Tots 1% Milk SNACK: Popcorn & Bananas	Roast Beef Sandwich with Swiss Cheese on WG Roll Baked Beans Peaches 1% Milk SNACK: Chex Mix & Berry juice	Spaghetti with WG Noodles & Ground Turkey - WG Garlic Bread Yogurt, Corn 1% Milk SNACK: WG Sun Chips & Mixed Fruit	Tomato Soup with WG Garlic Bread Fresh Carrots Mixed Fruit 1% Milk SNACK: Turkey & Cheese Stick (GF)
26	27	28	29	30
Turkey, Cheese, Lettuce, Tomato Wrap with ranch Pineapple Green beans 1% Milk Pickles SNACK: Apple Juice & Pretzels	Sausage Pancake Wraps Hash Browns Applesauce 1% Milk SNACK: Cheez It's & Cheese Stick	Lasagna with Spaghetti Sauce Whole Grain Garlic French Bread Green Beans Blueberries 1% Milk SNACK: Gardeto's & Fresh Oranges	Ham, Salami & Bologna Sandwich on WG Bread with Cheese & Mayo Tater Tots Watermelon 1% Milk SNACK: Yogurt & Animal Crackers	Flauta's with sausage Hash browns Grapes 1% Milk SNACK: Chex Mix & Blueberries