

Boys & Girls Club of the Tri-County Area – Green Lake Site

April 2021 Dinner/Snack Menu

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Chicken Caesar Wrap with lettuce, parmesan cheese, and Caesar dressing Corn Peaches 1% Milk SNACK: Grape Juice & Oatmeal Chocolate Chip Cookies	2 Hot Dogs on Whole Grain Bun Green beans Mixed Fruit 1% Milk SNACK: GF Pretzels & Yogurt
5 Egg, Sausage WG English Muffin Hash browns Peaches 1% Milk SNACK: Cheez It's & Berry juice	6 Turkey Corn Dogs Tater Tots Pineapple 1% Milk SNACK: Turkey & Cheese Stick (GF)	7 BLT on whole grain bread with cheddar cheese & mayo packet Celery with ranch Oranges 1% Milk SNACK: Granola Bars & Pita Chips	8 Alfredo with grilled chicken & WG noodles Green Beans Applesauce 1% Milk SNACK: Goldfish Crackers & Apple Slices	9 Sun Dried Tomato Basil Wrap with Egg Salad Fresh Carrots with Ranch Cup Blueberries 1% Milk SNACK: Apple Juice & Popcorn
12 WG Chicken Tenders with various dipping sauces Peas Bananas 1% Milk SNACK: Chex Mix & Fruit Punch Juice	13 Cheese Pizza Green beans Pineapple 1% Milk SNACK: Cheddar Cheese & Cheez It's	14 Tacos WG Tortilla Shells, Cheese, Sour Cream & Salsa Fresh Carrots Mandarin Oranges 1% Milk SNACK: WG Gardeto's & Bananas	15 WG French Toast Sticks with syrup Apple Sauce Sausage Hash browns 1% Milk SNACK: WG Strawberry Yogurt Chex & Apple Juice	16 BBQ with Ground Turkey on WG Bun w/cheese Fresh Carrots Pickles Mandarin Oranges SNACK: Chips & Salsa
19 Hamburgers on Whole Grain Buns Cheese Slices Fresh Carrots Mandarin Oranges 1% Milk SNACK: Goldfish Crackers & Apple Slices	20 Chicken Nuggets with various sauces Applesauce Tater Tots 1% Milk SNACK: Popcorn & Bananas	21 Roast Beef Sandwich with Swiss Cheese on WG Roll Baked Beans Peaches 1% Milk SNACK: Chex Mix & Berry juice	22 Spaghetti with WG Noodles & Ground Turkey - WG Garlic Bread Yogurt, Corn 1% Milk SNACK: WG Sun Chips & Mixed Fruit	23 Tomato Soup with WG Garlic Bread Fresh Carrots Mixed Fruit 1% Milk SNACK: Turkey & Cheese Stick (GF)
26 Turkey, Cheese, Lettuce, Tomato Wrap with ranch Pineapple Green beans 1% Milk Pickles SNACK: Apple Juice & Pretzels	27 Sausage Pancake Wraps Hash Browns Applesauce 1% Milk SNACK: Cheez It's & Cheese Stick	28 Lasagna with Spaghetti Sauce Whole Grain Garlic French Bread Green Beans Blueberries 1% Milk SNACK: Gardetto's & Fresh Oranges	29 Ham, Salami & Bologna Sandwich on WG Bread with Cheese & Mayo Tater Tots Watermelon 1% Milk SNACK: Yogurt & Animal Crackers	30 Flauta's with sausage Hash browns Grapes 1% Milk SNACK: Chex Mix & Blueberries